

Lyneham Primary School

Preschool to Year 6

Lyneham Primary Swimming Carnival Monday 20 February 2017 Years 3-6 @ Dickson Aquatic Centre

2/2/17

Dear Parents and Carers,

On **Monday 20 February** we will be holding our school swimming carnival at **Dickson Aquatic Centre**. It will be an across school event (except Kindergarten) and will offer activities for all ages and swimming abilities.

Start and Finish Times

All students in Years 3, 4, 5 and 6, and some of the Year 2 students born in 2009 who choose to enter the swimming races, will leave the school at 9.10am and return to school by 2.45pm.

Year 1 and Year 2 students will leave at 10.00am and return to school by 2.30pm. Students will travel to and from the pool by bus. It is an official school day and the whole school (Year 1 to Year 6) will be relocated to Dickson Aquatic Centre.

Plan for the Day

At the beginning of the carnival, swimming races will be held for students born in 2005, 2006, 2007, 2008 and 2009. **Please fill in the entry form and other permissions attached if your child wishes to enter any races and return to the front office by TUESDAY 14TH FEBRUARY 2017.**

Students from Years 3, 4, 5 and 6 who are not entering the swimming races will cheer on the competitors. After the swimming races are over, all students will participate in structured water activities.

Financial Contribution

The financial contribution per student will be \$12.00 (Pool entry \$6.00 and \$6.00 bus fare). Pool passes are not able to be used on this day.

What to Bring

All students will need to bring/wear swimmers, a **suitable sunsmart hat (bucket, legionnaires or broad brimmed), sunscreen**, a t-shirt/rash top to swim in, food for recess and lunch, drinks. **All students must wear a protective t-shirt or rash top as we will be outside for short periods between swimming sessions.** Participants in the swimming races are not expected to wear t-shirt/rash tops in their races.

Parent / Carer Helpers

Parent/carers who would like to help us at the carnival with timekeeping and place judging will be most welcome. Please complete the form attached with the entry form and return it with your child's entry form by Tuesday 14th February 2017. The more parent help we have for the swimming races, the quicker the carnival progresses and all the children can be swimming and enjoying the whole school event. Please let us know ASAP if you can assist at the carnival this year. Parent/carers are very welcome to join us at the swimming carnival to watch the races and water activities.

Please read and fill out the attached permission note and return with contribution to the front office by Wednesday 15th February. Please ensure the medical card sent home is also returned.

Emma Marsh & Jean Connolly
Swimming Carnival Coordinators

Lyneham Primary School

Preschool to Year 6

CHECKLIST FOR OUR SWIMMING CARNIVAL

- Permission note signed and returned to school-**including medical card**
- Swimmers
- Rash top or t-shirt (we will be outside for brief periods during the day)
- Sunsmart Hat
- Sunscreen
- Goggles (if required)
- Towels
- Food
- Drinks
- Warm top/ track pants in case the day turns cooler
- Entry Form

Parent Helpers

I am able to assist at the Lyneham Primary School Swimming carnival at Dickson Aquatic Centre on Monday 20 February.

Name: _____

Parent/Carer of _____

Class: _____

Phone contact: _____

Time available: _____

Lyneham Primary School

Preschool to Year 6

Permission for Swimming Carnival Activities

Teachers are required to assess the swimming ability of every child they take on an excursion where there is water for swimming or aquatic activities. This is called the **Survival Challenge Proficiency Test**.

As a part of this assessment and to help ensure the safety of your child, please provide the following information:

1. **Name of Child:** _____

2. **School Year:** _____

3. **My child can swim:** No

Yes

4. **Distance my child can confidently swim: (Please select only ONE)**

10m

25m

50m

100m

5. **I agree to my child taking part in swimming / aquatic activities associated with this excursion.**

Name of Parent / Carer: *(please print)* _____

Signature: _____

Date: _____

The **Survival Challenge Proficiency Test** is a five step process. A student will be deemed a proficient swimmer if they can:

1. perform a slide-in-entry and walk through 5 metres of water with acceptable stability and co-ordination
2. swim continuously for 25 metres using an action that resembles a stroke
3. perform survival skull, float or tread water for 1 minute in deep water. Call for help once within the minute
4. exit water unassisted, and
5. perform a voice rescue to a buddy who is pretending to be in trouble. Reassure the victim and encourage them to a point of safety. Call for assistance.

Email: info@lynehamps.act.edu.au Phone: 6205 6511 www.lynehamps.act.edu.au

Fax: 6205 6510

Afters 62056514

Lyneham Primary School

Preschool to Year 6

I give permission for my child _____ in class _____
to attend the Lyneham Primary Swimming Carnival at Dickson Aquatic Centre on Monday 20 February
2017 travelling by bus.

I enclose nominated amount of \$12.00 (*payment details over the page*).

Arrangements for Non-Proficient Swimmers, Code of Conduct and Parental Agreements:

An area for supervision and conduct of activities for non-proficient swimmers will be identified and designated at the pool venue. When non- proficient students enter the water for activities they will be supervised by school staff within the pool in small groups with a maximum ratio of 1:10.

Staff accompanying students on excursions will take all reasonable care while the students are in their charge to protect them from injury and to control and supervise their behaviour and activities.

Unacceptable behaviour will be treated as it is normally treated at school, (reminders, time out in a designated spot, and exclusion from an activity) but with the additional factor that the student may be returned to school should the behaviour be extreme or overly persistent.

Parents should be aware that staff members are not responsible for injuries or damage to property which may occur on an excursion where, in all circumstances, staff have not been negligent. Parents should warn children of the risk to themselves, to others and to property, of impulsive, wilful or disobedient behaviour.

I agree to my child participating in the swimming/aquatic activities mentioned previously. I have discussed with my child the need for sensible behaviour on this excursion. I authorise the school to make arrangements for the welfare of my child (including medical or surgical treatment) in an emergency and I agree to meet the associated costs. I have provided to the school all medical information relevant to my child's attending this event.

I agree that my child will be under the authority of the school for the duration of the excursion and that the school is authorised to return my child to school or home at my expense if the school considers that circumstances warrant such action. I give permission for my child to travel by private car, driven by a staff member or parent, in an emergency. I agree to provide any relevant medical information to the school to the excursion.

"Staff accompanying students on excursion will take all reasonable care while the students are in their charge to protect them from injury and to control and supervise their behaviour and activities. Parents should be aware that staff members are not responsible for injuries or damage to property, which may occur on an excursion where, in all circumstances, staff have not been negligent. Parents should warn children of the risk to themselves, to others and to property, of impulsive, wilful or disobedient behaviour."

Please note: "It is customary for the school to request a financial contribution towards meeting the cost of your child's participation in this excursion. These contributions are voluntary. Individual records of contributions are confidential. The school has made every effort to keep the costs for this activity at a reasonable level. Please see Annamaria if you require financial assistance."

Name of Parent / Carer: (*please print*) _____

Signature: _____

Date: _____

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Lyneham Primary School

Preschool to Year 6

Year 3 to Year 6

Lyneham Primary Swimming Carnival

Dickson Aquatic Centre

Financial Contribution: \$12.00

Student Name _____ Student Class _____

I enclose \$_____ by the following method:

- cash
- credit card (complete details on slip below)
- by EFTPOS at school
- EFT – Date of transfer _____

Account Name: Lyneham Primary School

BSB: 032-777 **Account Number:** 001543

Reference: Swimming Carnival and student name

Payment options: Cash, Credit card, EFTPOS & EFT available for this excursion/activity

I have read the attached information regarding this excursion and understand what it contains.

Parent/ carer name: _____

Signature: _____ Date: _____

Credit Card Payment Details

Student Name _____ Class _____

Name of Cardholder _____

Card Type Visa Mastercard

Card number

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 Exp. Date

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Amount \$ _____

Cardholder signature _____ Date _____

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